

Northeast Eyeopener News

Distict 37-O, Zone 3C

“We Serve”



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EMPOWERING LEADERSHIP

This past weekend I had the privilege of facilitating a session at the Officer's Training School in Strathmore. The topic assigned to me was "Keeping Members Interested and Active" and in preparing for the session, I spent a lot of time reflecting on our club's dynamics and on previous experiences I had working in church environments. What I discovered was a wonderful sense of pride in our club's ability to bring in new members and keep them active and engaged. As a new member myself, I am captivated to service by the Northeast Eyeopener's Lions Club, and I would love to share my discoveries in a four-part article series.

During the training session, I described four characteristics that I believe help to keep members interested and engaged: (1) Empowering Leadership, (2) Gift-based Service, (3) Inspiring Meetings, and (4) Loving Relationships. In this article, I will be addressing the first of these four characteristics.

Empowering leaders equip, motivate and mentor individuals to become all that they can be. This is not the same as "empowered leadership", which would imply one ingenious, multi-talented leader with great vision, who only requires people and volunteers to carry out tasks for his/her vision. Empowering leaders let go of the need to control others and they allow individuals to realize their full potential. There is an easy way to discover whether or not someone is an empowering leader. When you are in the presence of an empowering leader, you sense that you are growing. "Empowered leadership" does the opposite, while the leader might grow in your eyes, you will feel increasingly smaller. Leaders from active and engaged clubs know that one of their most important tasks is to empower others, not direct them to their will.

You might have realized that we have members in our club who are empowering leaders and who have the ability to teach, motivate and liberate others. These people may not necessarily be on the board or a part of the slate of officers, and they might not be the same people everyone's eyes. They may simply be fellow Lions who empower us and who move us towards growth. I am reminded of International President, Eberhard Wirf theme "move to grow". Under this theme's focus "move to grow", it is our responsibility to be empowering leaders and to find leaders who will empower us.

Over the past year, I have definitely sensed empowering leadership in the Northeast Eyeopener Club and I have been moved towards growth. I sincerely hope that you have sensed and experienced this too! I think it is important to recognize and celebrate the strengths of our club—they are the reason we are growing and keeping members interested and active. But we must also use our strengths for momentum as we continue to "move to grow".

Written By: Christy Dalidowicz

NOTABLE QUOTE

“ Try not to become a man of success but rather try to become a man of value. ”

~ Albert Einstein

News and Events

SLATE OF OFFICERS

Club elections were held on Wednesday, April 7th, during our regularly scheduled meeting. Congratulations to all those who will be Club Officers for the upcoming Lionistic year!

The 2010/2011 Club Officers are:

President:	Lion Manny Lumapas	2 Year Director:	Lion Bill Baux
1st Vice President:	Lion Tracey Devine	2 Year Director:	Lion Violet Duclos
2nd Vice President:	Lion Carmelita Monroy	Lion Tamer:	Lion Brian Glenn
3rd Vice President:	Lion Matt Dalidowicz	TailTwister:	Lion Janet Sebo
Secretary:	Lion Robert Herritt	Membership Director:	Lion Nargis Dossa
Treasurer:	Carol Carr	Immediate Past President:	Lion President Sherree Morrison
1 Year Director:	Lion Brian Stevenson		
1 Year Director:	Lion Jack Isaman		

PREVENT DIABETES IN YOUR COMMUNITY

In this month's Lion Magazine, we tackled the issue of diabetes. Unfortunately, this disease is on the rise; 24 million Americans have diabetes. This reflects a 50 percent increase in just the last decade.

There are things that we can do to reduce the risk factors for developing Type II diabetes. The Mayo Clinic provides five simple ideas for reducing your risk factors: (1) get more physical activity, (2) get plenty of fiber, (3) go for the whole grains, (4) lose extra weight and (5) avoid fad diets. Apply these small tips on a community-wide scale and raise awareness for diabetes prevention in your neighbourhood.

Here are some of our ideas to get you started:

1. Start a walking group. A quick stroll before your meetings will get the blood pumping and energize your Lions. As a community service project, partner with a senior citizen home to take weekly walks for exercise.
2. Keep food at meetings light. Switch to healthier fare like salads, baked lean protein and veggies. Or, encourage Lions to provide healthy snacks and potluck dishes if everyone brings something to your meetings. You can taste test the healthy dishes and vote on your favourite, awarding the best healthy cook with a prize for their efforts.
3. Switch to whole-grain pasta at your next spaghetti dinner. Or, opt for whole-grain hot dog and hamburger buns at your cookout. Provide pamphlets about diabetes prevention and make your guests aware of the changes so they can make healthier choices at home, too.
4. Host a "biggest loser" contest. Offer a prize to the Lion who loses the most percentage of body fat. Make it a fun competition and try to get everyone involved.

So what are you doing to raise awareness for diabetes in your community?



Article Source: Lions Clubs International Blog by Lions Magazine

Member Spotlight

CAROL CARR

When and where were you born?

I am pretty sure I was born in the morning in Mountview, Ontario.

Do you have any children? Names? Ages?

Yes, we have one daughter. Tyana is 28 years old and she is one of the greatest loves of my life!

Do you have any pets?

I have a faithful and loving companion named Bruce. He is a long grey haired homo sapien. He isn't as frisky as he once was as he is getting older but he still makes my heart pound after all these years!

What is your favourite food?

Don't get offended but I love "Oso Bucco".

What was the last book you read?

True Patriot Love by Michael Ignatieff

If you were an animal, what would you want to be? Why?

I would be a cat. I am an individualist and I love being unique. People who follow the crowd bore and irritate me...think for yourself!!

Which historical figure do you most admire?

If you ask my husband he would probably tell you that I admire "Coco Chanel" because I am a lot like her. I do it my way, not what is expected of me by the rank and file...and, he has kindly paid for a lot of her perfumes and couture over the years for me.

I can't isolate one person as being the 'one' who I admire most. I have a number of people that I admire for various reasons, some personal and some political. I think it best to keep my reasons along with the names close to my heart. Please understand that each person brings something different to the table and being an individualist myself, that's what I look for in people.

What was your first job?

My first job was a 'pump jockey' at a local gas station. My father wanted me to learn the value of a good education versus manual labour. It worked!

If time, talent, and money were no obstacle, what would be your dream job?

Hands down...Bruce and I would travel the world with 'Habitat for Humanity'. Developing & building communities for those less fortunate would and has been awesome!!

What accomplishments are you most proud of?

Wife & Mother...hands down these roles have been both challenging and rewarding...I wouldn't trade away any of my memories!

What brought you to Lions? What keeps you here?

I am a Lion because Janet Sebo asked me. I continue to be a Lion because "I love" helping those in "need" and the "need" hasn't been completed as of yet!

Important Dates and Information

BIRTHDAYS AND ANNIVERSARIES

BIRTHDAYS

April 14th
April 16th
April 16th
April 28th

Judi Glenn
Bert Legaspi
Guy Poitras
Bruce Carr

May 6th
May 7th
May 15th
May 22nd
May 24th
May 24th
May 28th

Manny Lumapus
Brian Glenn
Stephan Cox
John Watson
Ron Lundgren
Fred Schmaltz
Marion Walters

ANNIVERSARIES

April 4th
April 7th
April 17th
April 20th

Marion and Fred Walters
Brian and Patricia Stevenson
Ray and Elsie Van Schaick
Fred and Kathy Schmaltz

May 15th

Ron and Wendy Lundgren

FANNING CENTRE SCHEDULES

BINGOS

April 10th
April 17th
April 24th

Team Two
Team Three
Team Four

May 1st
May 8th
May 15th
May 22nd

Team One
Team Two
Team Three
Team Four

BAR

April 10th
April 24th

Brian Stevenson and Devon Singhal
Tracey Devine

May 15th
May 29th

Tracey Devine
Rebecca Snukal and Shamsheer Kothari

DISTRICT 37-O CABINET

District Governor	Fred Walters
1st Vice DG	John Goodrich
2nd Vice DG	Sonny Warrack
Secretary	Bruce Bishop
Treasurer	Dexter Bragas
PDG	Christina Pond

NORTHEAST EYEOPENER CLUB

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CLUB EXECUTIVE

President	Sherree Morrison
Secretary	Denise Isaman
Treasurer	Fred Schmaltz
Tail Twister	Matt Dalidowicz
Lion Tamer	Carol Carr
Past President	Paula Hagel

Send your comments, questions and articles to:
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